the BOOK OF ETERNALSELF



CHRONICLE Å an episode in eternity

1. It is easy to be a human being filled with problems and afflictions, controlled by undesirable attitudes and emotions, with little meaning and purpose to your life, ...and, in all of this, it seems next to impossible to be content! Is this futility and discontentment of life real ...or just an illusion? ...and a habit we've fallen into?

2. The events that make life such a trial are all around you! ...and you probably believe you have almost no control over those conditions and situations! ...in the face of this, do you believe it is even possible to be content ...and remain content?

3. Every day, you are caught up doing or saying or feeling things you wouldn't ordinarily do! ...and you don't really like yourself for getting involved in these ways, yet you constantly get caught up in the world around you, ...and before you know it, you aren't really you any more! ...you are somebody else living your life! ...isn't that right?

4. Okkh, you certainly look like you ...and you feel like the you you remember, ...but it isn't you! ...at least not the you you want to be! ...it seems that someone different has taken over your self and life ...and you are caught up in the melee! ...and you are rightfully angry about that! ...so, what can be done about all of this?

5. 9t's as though your life is a dream! ...and you are watching everything happening to you ...and all around you, and there is nowhere to hide ...or run to! ...and you can't even call "time out"!

6. It seems there are a few alternatives! ...and an inner-world is certainly not desirable as an eternal choice, ...is it? ...yet the whole of life seems to be focused on driving you into an inner-world! ...and that doesn't really seem right or desirable either! ...does it?

7. 9s it possible to be content in a world or life that is falling apart all around you? ...if so, how? ...especially if the world falling apart all around you is dragging you with it. Can you stand up contentedly against such a world? ...and if you remain content, do you really suppose the world will change its bitter futile actions to satisfy you ...and remain content with you? ...and then you die!

8. We cut down a tree the other day! ...it was sixty feet tall ...and towered above the constant struggle for life going on in the world below it, but 9 don't think being cut down is what the tree had in mind for itself that day! ...yet, it's done now ...and cut into little pieces, ...if that's life ...what is occurring?

9. Must you give up the pleasures of this life to avoid the displeasures? Must you live a vague inner "spiritual" self and life as a way to be free of the problems and afflictions of life?

10. You will never succeed in changing much of the world around you ...and you will never be happy and fulfilled living in your own world or reality, or isolated and alone in an inner-world ...for nothing can or should be accomplished only within you! ...therefore, have you ever considered changing the way you live in the world around you?

11. As a mindful being, your life has a great deal to do with your beliefs, thoughts, attitudes, emotions, words, and actions ...no matter where or how you focus or project your mind, ...and has little or nothing to do with living righteously within ...or living in a secret place, for they will not satisfy or fulfill you for long!

12. Are you willing to be guided by the awareness of an eternalself and liveliness "outside" of you?

13. Your eternalself does not come to human experience! ...that is for you! ...are you willing to live in communion with your eternalself ...in a life that is guided and empowered by the awareness and realization of your eternalself! ...and a broader context of your self and life!

14. Whether you are "righteous and correct" or "wicked and mistaken ...or even immoral and evil" is not a factor in determining the self and life you will live and thrive in ...or struggle and conflict with! What really counts is the communion you live with your eternalself ...or not! ...which is not a spiritual search for God or goodness, it is living with and thriving in the fullness of yourself!

15. In your life today, in communion with who you are and who you truthfully desire to become, the question arises, "Are you willing to live who you want to become?" ...and, in communion with who you want to become and who you already are as an eternalbeing, the question arise, "Are you willing to live who you already are?"

16. Somewhere in your imaginative mind there truthfully is an eternalself that is you ...which you have not discovered in this lifetime! ...and which has not been revealed or spoken of by any science or religion ...or by any philosophers or healers! ...yet you

unknowingly live that eternalself and life everyday through every belief, thought, attitude, emotion, word, and action ...and experience, ...but you live your eternalself unknowingly by default!

17. We know that life with an eternalself exists because we live there and experience there! ...and we are attempting to show you the way to your eternalself and liveliness as well ...should you choose that, ...however, be aware that, in this search for your eternalself and liveliness, we will not travel far from where you are right now! ...and though such a self and life is sometimes referred to as cosmic consciousness ...or an inner kingdom, it is neither, for your eternalworld is all around you ...and you are living this self and life today! ...so, obviously, no cosmic consciousness is required! ...in fact, as we proceed, you will discover that no "higher or greater" consciousness is required either.

18. Your eternalself and liveliness is not a divine world ...or an inner spiritual self and life! ...it is completely physical and real ...and all around you! ...but it is a different physical than you are accustomed to realizing and relating to ...and involving yourself with through your five senses, ...your eternalself and liveliness must be realized directly ...and lived awarefully!

19. At some brief moments in your life in the past ...you have probably sensed or experienced this eternalworld ...or the nature of this world directly, then fallen away to your self and life "as usual".

20. Your imaginative eternalself and liveliness is an expansive human experience of profound importance which will make an eternal impact on your self and life from the moment you truthfully begin, ...for this eternal is not a diversion from your present happenings and situations, it includes your self and life today ...and all that is important to you! ...and reveals the meaning and purpose of everything you are doing ...even the things you are struggling with and against!

21. Eternal is not a just and kind world as opposed to a corrupt and greedy one! ...it is an expansive life of awareness and realization that reaches beyond problems and conflicts ...such that afflictions are non-issues!

22. This unseen world is more real and lasting than the one you see, hear, taste, touch, and smell ...and emotion about, ...and it is far-more comforting and satisfying. This is not a separate self and life for you to create and live in, it is a renewal and tremendous expansion of the world you are already living ...unknowingly so! ...are you willing to bring this renewed awareness and world actively into your self and life today? ...or are you quite satisfied with the matters and conditions you are now living?

...and are you willing to live them eternally? Do you see any chance of living your self and life today without being controlled and limited by the world around you?

23. Discovering and living your imaginative eternalself and liveliness will not take you out of this world or away from your present activities, ...it will enlarge and enhance yourself and your activities with eternal awarenesses and realizations, ...and you can enjoy, with real meaning and purpose, the things that offer you a full and enriching self and life ...as you truthfully desire!

24. The eternal world and life that will be reached is not mystical or metaphysical, it is a world of illuminated form and substance created by the body and life you live today in communion with your eternalself and liveliness, which creates a self and life of realized awarenesses!

25. The world of your dreams and images is truly illuminated! ...for in the darkness of your mind, you "see" things clearly and fully! ...you do not rely on reflected light as you do in your present world.

26. Anyone can become part of this eternal illuminated world ...no seeking is required! ...for, in fact, you are already part of this enlivening world, ...only a willingness to understand is required! ...of course, if your old distorted beliefs about yourself and life are too precious to give up, an enlivened eternalself is not for you ...at this time! ...and while no cleansing or healing of your mind and body is required, releasing your tight grip on distorted beliefs and teachings about life is certainly recommended ...lest you struggle unnecessarily ...and create unresolvable afflictions of mind and body.

27. There is no pathway to an eternally illuminated self and liveliness! ...for you are already standing in the middle of that illumination ...unmindful of what surrounds you ...and completely envelopes you!

28. Nothing can equal the passionate contentment of an eternal self and liveliness lived in illumination! ...and the exciting adventure of it all as well! ...however, be aware that this passion transcends emotions, such that your peak emotional experiences today are unsatisfying shells compared to a life lived in eternal awareness and realization illuminated as you truthfully desire.

29. You cannot continue or thrive on yesterday's emotional high! ...regardless of how exciting and "soul"-awakening it may have been at the time ...or is believed to be today ...it will not sustain you! ...it will excite you and entice you ...and leave you! ...and that's no way to be or live! ...whoever or whatever treats you in that way is not your friend!

30. No action in life is a preparation for a greater or finer or more-expansive self and life! ...for even if you don't realize it, you are always prepared! ...though you may not be skilled! ...do not confuse being prepared with being skilled!

31. Your illuminated world is eternal ...without restrictions or limitations, yet the freedom of this seems too threatening and unnerving to you, ...why do you suppose that is? ...do you only feel secure within strict boundaries? ...so you can rail against them? 9s it possible that you hide and deny the expansive truth of yourself in an effort to comfort and secure yourself? What else might you be hiding or denying?

32. Since there is no path to your eternalself and illuminated world, no correct or improper way to believe and live, and no desirable things to do or undesirable matters to avoid ...everything you do to be an aspirant on the right path will surely defeat you!

33. Be very cautious of "truths" imparted to you based on experiences! ...and be careful of your own truths based on experiences as well, ...for you and others only experience what you already believe, such that experiences, even if repeated again and again, cannot provide a truth, ...they will only present and affirm what you already believe ...and cannot be relied on.

34. Your life today is an episode in eternity!

35. Profound awarenesses and realizations ...and understandings are not deep within you! ...in fact, they are not within you at all, so, do not bother looking within yourself ...or to some profound depth or core or source of yourself, ...look all around you ...and reach out and expand yourself! ...and expand your awareness and realization to that world ...and even beyond, for, in the land of Truth, there are no restrictions or limitations in your eternal illuminated world ...only promise!

36. To realize the promise of your eternalself, you need only stop where you are ...and stop living as you have come to believe you are! ...which is not what you want to believe and live ...anyway, for eternal illuminated awareness and realization of your imaginative mind is your very being and life!

37. If you get your mind out of the meaningless concepts of oneness, infinite, superlative, immortal, and everlasting ...and into recurring, you will observe eternal all around you! If so, what you see is imaginative! ...and that is illuminated awareness and realization.

38. While many teachers claim they have discovered a longing in people for a sense of oneness and connection, we see a longing for a genuine awareness of eternal life and identity! ...for these teachers do not realize that most people sense they are far-more expansive and creative ...and enduring than their short lives leave them experiencing and believing, ...and this is certainly true!

39. Are you willing to look closely and carefully at the beliefs you have blindly accepted and faithfully and unquestioningly followed for many years? ...and do you long for an enhanced self and life of more-expansive experiences and understandings? ...if so, can you adjust your beliefs and thoughts to understand that all things in the universe can be entangled and interconnected (be careful of these words) such that things affect and are affected by other things without any sense or fact of oneness and interconnection occurring in this? [1A42-43] ...for the multitude of universal oneness permits individuality and separation ...and actually encourages originality and distinctiveness of all things.

40. You can live your entire life without being aware of or realizing the distorted beliefs you have accepted which severely limit and restrict you! ...therefore, what you believe is true, no matter how many times you believe you have experienced and confirmed them, those beliefs are the ones you must immediately and profoundly question ...and stand up to! ...and even denounce, so you can imaginatively mind your self and life today to an eternalself and liveliness before it is too late.

41. It is time to realize that you do not have a slow consciousmind ...and in intuitive subconscious mind or spirited awareness, ...you actively think following the slow and limited underlying pattern of language ...or mind imaginatively beyond language, ...the real problem in this seems to be that you trust your language-thinking ...but don't trust your imaginative-minding, ...and that's extremely unfortunate!

42. How brief and transient are your beliefs? ...are there any beliefs you accept and follow ...no matter what? ...or are your beliefs just something to talk about? What do you truly believe about your self and life ...do you know? ...and if you don't know what you truly believe ...how do you guide your life? ...by feelings in the moment? ...does that seem at all reasonable and reassuring? Are you really willing to continue surrendering your body and life to unknown languaged beliefs and emotions ...and unfounded memories? If not, what are you willing to do about that?

43. Unconscious patterns of thoughts and actions, even undesirable ones, do not repeat themselves, you repeat them! ...for you are never unaware of your thoughts and actions, ...so, what do you suppose is occurring in this? ...and what is the true conscious pattern of your beliefs, thoughts, attitudes, emotions, words, and actions ...do you know? Well, that pattern is the true pattern of your self and life! ...and that is the real context of your self and life today!

44. You are created of "eternal stuff" born into existence through "mortal stuff"! ...therefore, in this, which are you: eternal or mortal? ...obviously, you are the communion of the two, ...and that is the true pattern and context of your self and life

today! ...and, in this, though living your self and life based on the whole of human existence may seem tremendous, this actually limits you almost entirely to language and languaged concepts and awarenesses ...and deprives you of experiencing your eternal nature and liveliness ...and who you genuinely are! You and your life and liveliness are too important to be squandered in that way!

45. This is your eternalself and liveliness to live as you truthfully desire, so do not waste one moment of yourself on the total of human languaged-existence! ...awaken yourself beyond language and those distorted beliefs! ...for the habits and inertia of human thought which, through languaged memories, tends to recreate old patterns and experiences and emotions can, through imaginative-minding and memory ...and with even less exertion of mind, create wholly anew! ...offering even greater empowerment ...and finer more-desirable experiences and emotions.

46. Though a desirable state of passion and excitement ...or aroused emotions cannot be sustained for long ...and soon deteriorates! ...enlivened contentment can be attained and sustained throughout your eternalself and liveliness! ...and contentment (Book 23) is far-greater ...and more-fulfilling and rewarding than any aroused emotion!

47. Every aspect of your enlivened eternalself ... as viewed and experienced through each belief, thought, attitude, emotion, word, and action today is a steppingstone to a life of awareness and contentment lived in communion with true self-realization ... which expands yourself for beyond your present beliefs and understandings.

48. Each step we take along the way to your eternalself and liveliness leads directly to you! ...therefore, as you can imagine, every step you take toward your eternalself is a step away from realizing your enlivened eternalself, ...for, actually, you already are the eternalbeing you truthfully desire to become!

49. No matter what you are doing today, you are only searching for your eternalself! ...and all hurts, problems, difficulties, afflictions, and disappointments in life reflect the nature of your search.

50. You are not seeking salvation and eternal life! ...or if you are, that is foolishness, for you already have eternallife, ...so, what is it you feel you have truly lost in being unaware of your eternalself and liveliness?

51. As an eternalbeing in a mortal life, would you rather be known ...or unconditionally loved? Think very carefully about this before answering, for you have only one choice! ...which do you feel would serve you best ...being known or unconditionally loved? ...and which do you believe would offer you a greater sense of yourself upon which to inspire a fine imaginative image of your self and life to enliven ...and build upon? 52. Unconditional love sounds tremendous ...doesn't it? ...but unconditional love is so "apodictic" that it is unquestioned and undemonstrable, while being known is fully demonstrable, ...and knowing others as they truly are is the most-intimate thing you can do ...or offer another!

53. The greatest and finest vision you could ever have of yourself is but a faint shadow of your enlivened eternalself, ...but imaging expansively is a fine beginning for eternally knowing yourself!

54. 9sn't it possible that the more you know of yourself ...that knowing alone expands you? Being unconditionallyloved does not expand you!

55. Have you ever considered that knowing is, in fact, far-more or other than merely perceiving ...and being consciously aware of something or someone? ...that knowing actually expands what is known? ...this does not mean that knowing expands your knowing ...or the knowability of something, but actually expands what is known!

56. If this is true, and it seems to be true, ...then, could it be that the highest ideal of life is not unconditional love ...but is to consciously know and be known? ...and in that to expand and be expanded? ...and doesn't that create and expand consciousness in the universe? ...but unconditional love does not require consciousness! ...and self-love, especially unconditional self-love, is frequently condemned as being tied with ego and self-aggrandizement, ...yet, self-knowing is quite appreciated and encouraged!

57. 9s it possible that you imagine yourself beyond unconditional love? ...what might it be that you imagine? ...and how is that imagining related to self-knowing, ...do you know?

58. 9f your knowing of self increases, does your knowing increase ...or does self increase? Well, obviously, your knowing increases ...but, in that, and quite significantly, self increases, ...therefore, knowing increases knowing ...and increases the object of the knowing as well, ...and if you consider this carefully, you will understand that this applies to everything! Which is more important to you: expanding yourself or your knowing?

59. Are you beginning to see why we said that to know and be known is the highest ideal of life? ...and the greatest gift you can give others is the gift of intimately knowing them? Are you willing to endow yourself with truly knowing yourself? ...and expand others by intimately knowing them? If so, then we need to discuss how you can know yourself without composing your knowing, for composed knowing will have little meaning! ...and in the end will decompose from you (Book 11).

60. Remember, knowing in the usual sense of recognizing or understanding what is, actually lessens and contains what is known to what language allows, and we don't want

to follow this process of knowing, ...it's vital that we follow a completely different uncomposed process of knowing as imaginative-minding which expands what is known. In the past, this knowing was unknowingly expressed as "the more you know, the more you know you do not know", but this was interpreted to indicate the ever-expansion of knowing ...not the expansion of imaginative-minding and what is known.

61. But, now you know that the more you know the more you expand what is known! Can you see that in knowing something or someone, or even yourself, you do not extract data-information ...you actually add data-information? With that in mind, knowing yourself begins by adding data-information to yourself that you have never known or experienced before, ...not by investigating yourself and your memories to extract knowing about you!

62. Actually, the only way you can possibly know yourself is to begin by imagining what you are not, ...and the greater and more-expansive that image is the better it will be! Do not seek to rise above or overcome who and what you believe you are today, for that is not expanding yourself, it is overcoming, ...and you don't want to start overcoming yourself!

63. As we continue this journey to knowing your enlivened eternalself, do not imagine and visualize to know yourself, ...imagine and visualize to expand yourself ...and those around you! ...and no matter what you may believe the wholeness of yourself may be, imagine yourself beyond that wholeness ...and all of life as well! ...and describe that image! ...and if you wonder why you didn't visualize or sense yourself in this way before, know that is because, no matter what you truly visualize, you were not that until you expanded yourself with your imaginative vision ...which is actually a beholding!

64. It is said that your visions, like your dreams, are true while they last! ...the question is whether or not you are willing to make your images real and lasting without composing them? ...of course, you can compose language to describe your images, ...but if you want your images to be real and lasting, you must create a past for your images or beholdings which fully substantiates them!

65. Uisualizing or composing this past is quite all right ...just so it substantiates the original beholding ...and makes it real for you to know and expand with. Do you see that substantiating and realizing your beholding does not create or compose it [Book 11]? ...thus, the original beholding expands you ...and remains real and lasting ...and you know yourself in this expanded self, ...are you willing to live yourself in that way? ...and let others know you in that way? ...and know others in that way as well?

66. Remember! ...do not seek a vision to rise above or overcome who or what you are today, ...and do not judge and reject a vision either, for what you conceal diminishes you, ...and you've already experienced enough of that!

67. As you begin living and substantiating your expanded beholding, keep in mind that the eternal world of your imaginative mind and visions is far-greater than the world of material matters and substances! ...and yet, this eternal world is also far-less than the material world it relies upon for lasting realness and substance!

68. When you are knowingly living your expanded image of yourself ...your enlivened eternalself, you will understand how your desire for material things ...and certain actions and experiences in the past ...and in your life today, is actually to make the unseen visions you have and sense of your self and life real and knowable ...and everything in this life will finally make sense!

69. Of course, the more things change, the more they remain the same, simply because, since the universe is to you as you are to yourself, then, as you and your self-knowing expand, the universe expands along with you, ...so, nothing ...or very little will feel different ...but you will know!

70. Can you understand how expanded self-knowing in this way exceeds unconditional love? ...if so, we can begin!

71. In living as an eternalbeing that is eternal into the future, you are also eternal into the past ...without beginning or end, ...therefore, there is no discovering yourself ...or knowing yourself as you truly are, for you are foundationing yourself anew at every moment exactly where you are ...as you are! ...in other words, you are constantly creating and recreating yourself ...or inventing yourself anew at every moment ...and simultaneously creating the past that substantiates you!

72. In an expanding universe, as all galaxies are moving away from every point on and within the universe, as illustrated by an expanding balloon (1A81-83), in this, everything is moving away from you, including your past and future, ...thus you are constantly refounding your past and future at every moment.

73. If you understand this, then you see that though you only know things relative to yourself, you cannot use your ever-changing self and life as a steady standard or reference point by which to know the universe ...or any aspect of the universe.

74. Are you willing to constantly let go of what you know ...and begin anew ...as you truly desire at every moment? If so, we must discuss your desires.

75. 2500 years ago, Buddha declared that obviously all of your problems and difficulties in life ...and pains and illness in your body come from pursuing desires ...and grasping on to things, thus, to Buddha, it seemed that by not grasping ...and

letting go of desires, your life would be just fine ...because you would be free of your struggles and conflicts. In one form or another, all religions and philosophies follow a similar belief that if desires and grasping are problems, ...don't desire or grasp!

76. But, without desiring, you won't even get out of bed in the morning! ...and you certainly want to have and hold onto what you desire, ...is that so unreasonable?

77. It is also recommended that if your physical body and life are problems, ...don't concern yourself with physical matters, concern yourself with spiritual matters, ...but what are spiritual matters independent of your physical self and life? ...and if you are to turn your back on a physical world and follow a spiritual path, ...kow do you do that? ...what is required? ...and how will you know when you are spiritually you ...not physically you?

78. In considering this carefully, if to overcome physical desires you follow spiritual desires, you are still desiring ...so nothing actually changes! ...of course, grasping and holding on to spiritual "stuff" is impossible, so that's a little different. It seems that if desiring is the problem, then changing your focus or changing the name of what you are doing ...while doing or not doing the same thing changes nothing!

79. However, if you already are what you desire to become and hold on to ...everything changes!

80. Does all of this frustrate you? ...or make you angry? If so, ask yourself whether or not an angry man is actually angry? If you stop to think very carefully and insightfully about this, the answer is, "No"! ...an angry man is not angry ...he is at peace! ...okk, he may be angry in getting angry, but, while angry, he is elated! ...and he's content and fulfilled with that! ...thus, an angry man isn't really seeking anger, he desires the contented elation and fulfillment anger offers him! ...do you really believe it is wrong to desire and grasp on to contentment and elation?

81. Or would you say the problem is in desiring contentment and elation by seeking and grasping on to anger?

82. So, in being angry, an angry man is probably seeking self-satisfaction, elation, fulfillment, and acknowledgment ...and he is happy and contented in his anger, ...and he desires to hold on to those feelings as long as possible!

83. Of course, an angry man already is content and elated in what he desires, ...and he is self-satisfied and happy in that ...and completely fulfilled ...however, he only knows how to experience these elated feelings through anger! ...therefore, if he stops being angry, he loses his only source of being happy and content ...and elated.

84. His dissatisfaction, as the basis of his anger, comes about in seeking the fulfillment, elation, and satisfaction he already has ...but doesn't recognize and

acknowledge, ...and in wanting to experience these feelings, he seeks them through anger, ...but that is the seeking that has crippled him ...and is killing him! ...and to stop experiencing satisfaction and contentment through the thrill of anger will kill him even quicker!

85. Now, ...do you see why it is important to know yourself as an eternalbeing other than who you think or fear you are? Knowing yourself as an eternalbeing is vital! ...lest you seek to live and experience yourself in ways that you don't really desire ...in a life you don't desire either.

86. Desire who you truly desire to be ...and be that! ...the universe will fully acknowledge and support you!

87. In one form or another, most people are seeking to be acknowledged for their personal power and right! ...can you not see in this that they feel empowered and right? ...and want to be acknowledged ...and even admired for what they already are? This is your relationship with the universe, ...it is not one of trials, suffering, learning, and enduring!

88. And what you desire ...and desire to become is your ever-present reality, ...and your personal god in life! ...and that god is ever-present! ...but as desire, not as god! ...though god does represent what you desire and desire to be or become! All of this is indicated in the Garden of Eden story when the serpent said to Eve, "You shall not die in eating the fruit from the tree of knowledge of good and evil, ...for God doth know that on the day you eat thereof, then your eyes shall be opened, and ye shall be as gods."

89. Now, are you beginning to understand how your greatest problems and difficulties reveal your finest assets?

90. It is not really union with God anyone is seeking ...it is union with self! ...actually, it is communion with self and the desires you are searching for (Book 7), ...which will gradually or suddenly cease in the realization that you already are what you seek to be or become! ...so, now, begin living and expressing yourself fully and completely as you truly desire! ...as you already are!

91. Life is not about "wanting to become", it is about fully recognizing and expressing who you already are! ...and in saying "already are" we mean before and beyond this episode of life ...and before and beyond who and what you think you are!

92. This is the secret of true mystics and prophets, ...that they already are what they want to become ...and they realize that! ...and they fully live it! ...by "blending" themselves in communion with their eternal unseen self ...and fully being that! ...and they see and connect intimately with others on an eternal basis as well.

93. Returning to the angry man whose body and life is consumed with nastiness and anger, crippled by resentment and arguing, and controlled by fear and doubt, ...if you feel that something is wrong in this ...and he must change his attitude and ways, that will only anger him further ...and isolate him more-completely from himself and his eternalself ...and all he truthfully desires!

94. You will never be united with yourself and all you desire within you ...only around you!

95. Though you don't realize it, you have set what you desire ...and desire to be or become outside of yourself ...and you will only communion outside of yourself! ...for communion within is not communion! ...only communion without is communion!

96. "Inner-communion", which is not communion, maintains your denials and problems!

97. It seems that living intelligently is not one of realizing what you are doing "wrong" and correcting that, ...living intelligently is realizing who you already are eternally ...and what you truly desire ...and being and living that fully and openly!

98. It also seems that everything in an angry man's life reveals who he already is ...and what he desires, ...but, instead of living that ...and living his desires, he lives his language to become what he desires and get what he wants! Are you beginning to understand how easy it is to see these things in others ...and how impossible it is to see these things in others ...and how impossible it is to see these things in volved with yourself!

99. To only let what is loving and truthful into your self and life is to judge ...and to judge rigidly and persistently!

100. To offer love or compassion, truth and goodness, or joy and happiness is to judge ...severely! ...therefore, communion with your eternalself outside of yourself ...and always and only offer yourself as you have truly chosen ...and desire to be eternally.

101. But, you don't know or even recognize your imaginative eternalself, ...isn't that right? You sense something about your self and life that points you in a direction that seems to be your way ...but you're uncertain about that ...aren't you? ...and, in that, you are probably concerned that what you sense or desire is actually an illusion ...or just a futile hope.

102. We assure you that your imaginative eternalself is real! ...are you willing to understand that eternal means recurring ...not immortal, ...and imaginative does not mean fantasy, illusion, made-up, or devoid of truth, ...imaginative means created, inspired, guided by, and drawn forth from mind, ...not from accepted facts or sources! ...thus, your imaginative eternalself is wholly of your mind! 103. In this, you are not conjuring up an eternalself, you are realizing and beholding through images of your eternalself that already exists! ...then, because you add this focus and relationship to your self and life, everything about you ...and the world around you, begins transforming accordingly, ...and your life becomes fuller! ...and makes perfect sense in the expanded context of your being both personally mortal and eternal.

104. Eternal occurs in the realm of actions ...not in composed effects (Book 11)! ...the composed effects which have blinded you to the true expansive nature and meaning and purpose of your self and life!

105. If you as a personalbeing and 9 as an eternalbeing are in a relationship, that relationship consists of you, me, and us! ...then, considering all of the previous experiences, awarenesses, and realizations each of us brings to the relationship, you can easily see and understand how much is lost or forsaken if you have no eternalself to relationship with, ...and how much fuller and meaningful your life is with the relationship!

106. Your eternalself is your soulmate! (Book 56) ... have you been searching in all the wrong places for a "let's-pretend" soulmate?

107. A word of caution! The enriching fullness of your soulmate-relationship is as a communion (Book 7)! ...if you attempt to create and become one, you sacrifice the expansive interrelationship! ...this does not mean to keep personal and eternal separate, ...it means to keep them in intimate communion!

108. Your imaginative eternalself proclaims itself at every moment ...in everything you do and experience! ...however, to know this self, or the eternalself of others, you will need a persistent ...even stubborn desire to clearly think and behold outside of language; ...this is not merely sensing an eternalself, it is clearly envisioning what is plainly revealed to those who use their eyes to clearly distinguish, their ears to truly listen, their brain to mind, and their mouth to proclaim!

109. Deny or fail to develop and apply even one of these faculties ... and the others will be sacrificed!

110. Be aware that there is no such thing as the "wrong" use of these powers and abilities!therefore, you can freely develop these awarenesses and realizations to the fullest extent possible in yourself without concern or caution ...and assist and guide others to do the same ...to the fullest extent possible! ...and though you may think otherwise, maybe because you believe everything has a negative or dark side, that is your false language-thinking, ...mind yourself beyond that! ...for, in Truth, matters do not have a negative or dark side!

111. If healers do not heal, but merely provide conditions in which healing can take place ... by the patient, then any healer, in any form with any treatment, that does not include introducing you to your eternalself as part of providing conditions in which healing can take place is <u>not</u> providing appropriate conditions for healing!

112. This is not a Law of Health and Healing! ...nor is it a Law of Love and Compassion! ...it is just the way things naturally are! (Book 15)

113. What you have composed for yourself through language and the rules of language blind you ...and deceive you!

114. At this point, there is actually only one truth principle in life for you to be aware of and realize: that everything you truly desire to be or become in life, you already are! ...in this, do you sense there is more to you and life than you ever realized? ...actually, you are two individuals functioning in communion! If you are beginning to sense this, behold it! ...and mind it!

115. It is time to change your self and life ... and the world you live in!

116. If you begin on this journey to behold and enliven your imaginative eternalself ...and quit again, regardless of the reason, you will quit everyday for the rest of this life!

117. However, to ease your concerns, you should understand that though you don't seem to know yourself ...your eternal imaginativeself, your brain knows everything about you, ...therefore, if you want to continue this journey through your mind of memory and memories to your eternalself, there are a few understandings you should be aware of and certain about ...and bring along with you, ...so let's review these understandings.

1. Truth must always and all in all ways be true, ...otherwise, it is not truth!

Before continuing, we suggest you read 3B A PLACE CALLED TRUTH. This Chronicle is very short ...but vitally important to read and understand before proceeding.

- 2. Whatever is composed ...decomposes!
- 3. "Truth" that decomposes is not truth, ...it may be true or correct ...but it is not truth!
- 4. Truth cannot be known prior ... or as a standard to be lived!
- 5. Discovered truths are not truths! ...they are composed ...and will surely decompose!

- 6. Truth must be "jumped to"! ...leapfrogging all intervening logic, conclusions, assumptions, and knowings, ...so truth will not be composed or justified!
- 7. All that is true can be "proved"! ...which means that true is composed, it will decompose, and cannot be truth!
- 8. Moving your awareness to truths means moving directly to truths without transiting the intervening beliefs ...or awarenesses!
- 9. An eternalbeing ... as truth must always and in all ways be true!
- 10. An eternalbeing that is composed is not truth ...and is not an eternalbeing, ...and will decompose!
- 11. An eternalbeing ... as truth cannot be known prior ... or as a standard to be lived!
- 12. Discovered eternalbeings are not truths! ...they are composed ...and will surely decompose!
- 13. To avoid being composed, an eternalbeing must be "jumped to"! ...leapfrogging all intervening beliefs and logic, conclusions, assumptions, and knowings ...especially about eternalbeings ...and prior actions and activities!
- 14. All knowing is composed! ...and though knowings may be true, they are not truths!
- 15. True believing ...which is not composed, leapfrogs knowing!
- 16. Moving your greater awareness from languaged-personalbeing to imaginative-eternalbeing means moving directly to eternalbeingawareness without transiting intervening awarenesses!
- 17. Real desires are not composed! ...thus they leapfrog intention (cause) and want (effect)!
- 18. Real desires, like truth, true believing, and eternalbeings must always and in all ways be true ...and cannot therefore be known prior to be lived or achieved ...or attained to!
- 19. An eternalbeing is truth and believing and desire beyond all things composed!
- 20. Eternalbeings, as truth and believing and desire beyond all things composed, leapfrog experience!
- 21. You think ...but you don't know how to think! ...therefore, though you think your thoughts are logically composed, is it possible that you jump to thoughts? ...or are induced to thoughts?

- 22. Regardless of what you think and feel, you image imaginatively ...but you don't know how to compose an image ...do you? ...isn't it possible that you jump directly to an image ...leapfrogging what you sense? ...or are induced to an image?
- 23. Eternalbeings leapfrog experiences and knowing ...and all things composed ...to luxuriant thoughts and images!
- 24. You can carry contradictory beliefs and knowings and experiences to a level of truthful awareness and realization which promotes your seeing and experiencing ...through excited contentment that your eternal beliefs, knowings, and experiences are not contradictory ...in any way!
- 25. Anything not contradictory on one level is not contradictory on any level!
- 26. Paradoxes, such as the Liar's Paradox, do not actually exist in the universe!
- 27. What is unknown is knowable! ...either composed or not composed, arrived at or jumped to, logically or mystically!
- 28. Forever Living is only a finger pointing a way to your way!
- 29. Accept and follow beliefs, concepts, and ways based on their usefulness ...not on their truth or rightness!
- 30. Truth and rightness do not occur in the universe! ...they occur in language ...but not in the universe!
- 31. Language let's you speak of many things it will not let you do!
- 32. Imaginative images enable you to see many things you do not know!
- 33. You cannot know or experience yourself from within yourself! ...for your make-believe inner-you stands in your way!
- 34. Forever Living is "a way of contentment"! ...a state or condition which is the way mind works ...while brain and emotions work in a languaged-pattern of discontent!
- 35. The harmony in your life is disharmony! ...therefore, the conflicts in your body and life clearly reveal your imaginative eternalself!
- 36. Forever Living is focused on individual awareness and realization!
- 37. Truth is universal ...it cannot evolve! ...however, composed and distorted truisms evolve, endure for a time, then decompose!
- 38. What you language as truth is a truism! ...and will never serve you as you truthfully desire!

- 39. Awareness and realization beyond language must be teased out of you ...or dragged out of or away from your languaged beliefs and understandings ...kicking and screaming if necessary, ...or you can leapfrog over language directly to these awarenesses and realizations! ...the choice is yours!
- 40. Your life is not about infinite choices, it is about a multitude of onechoice!
- 41. Everything in your life, including yourself, is as you hoped for or want, as you defaulted your desires, as you truly desire, or as you be believe you desire, ...kave you chosen well? ...or have you chosen a bit of each ...and, in that, gained only struggle and conflict? ...and lost the imaginative eternalself you truly desire?
- 42. Your body and life ...and the universe you live in are not controlled and guided by unity, balance and harmony, or goodness ...nor by meaning, purpose, or intention ... your body and life and universe are not controlled and guided by separation and difference, by activities, nor by judgments!

118. Unbounded or unlimited mind, also mistakenly know as "infinite mind" is quiescent ...without form or movement ...and is brought to imaginative life through form and action! ...in the same way, your imaginative eternalself is unbounded mind brought to life through imaginative form and action, ...therefore, in living and empowering your eternalself ...you are living and empowering unbounded imaginative mind in your body and life! ...in this, you can see that action does not cause effects, ...all activity is its own effect!

119. Are you able to consider that "unbounded" means free, unchecked, not controlled or restrained ...and does not mean unlimited and without form? Your unbounded mind is unconfined in presenting formed particles!

120. Until now, imaginative mind ...as your imaginative eternalself was aroused and enlivened to life randomly (Book 1), ...therefore, if you want more or other than the random appearance and activity of unbounded imaginative mind in your life, you must breathe life into your eternalself!

121. Unbounded imaginative mind is not a higher intelligence or consciousness ...it is an unconfined particular! ...but which can only be known and expressed relative to one-choice, ...for that brings the imaginative particular to life! ...however, any deviation from that particular one-choice distorts experiences ...and results doubt and confusion ...which brings about problems and afflictions in your body and life; ...only reawakening that eternal one-choice through your imaginative eternalself will restore the true nature of you, and all of life in relationship to you, as you truthfully desire, ...and have chosen!

122. The world of your imaginative eternalself is not within you ...it is all around you ...wherever you are! ...and you live within that world without even noticing it! ...therefore, do not seek your imaginative eternalself within you, ...look all around you! ...for what is within you is "illusion and fantasy" ...while real is all around you! ...therefore, behold your eternalself surrounding you, ...for you are within your imaginative eternalself surrounding you.

123. Are you willing to make just one choice ...and develop and apply all of your desires, faculties, awarenesses, and realizations to that choice? Well, ...let's see!

124. As we discussed your imaginative eternalself and reviewed 42 principles for you to bring with you, did you create a clear image of each principle as it was reviewed? ...did you truly listen and mind them beyond language? ...and, most important of all, did you behold your imaginative eternalself in each principle? ...if not, maybe we should start over! ...lest we continue ...and you quit this search again!

125. Of course, you can just continue your self and life and conflicts "as usual", live your imaginative eternalself by default in everything you do, and very gradually begin knowing your eternalself and who you naturally are relative to events, judgments, experiences, and reactions lived over and over, for centuries and centuries, with little awareness and realization of your imaginative eternalself, and continue struggling with problems and afflictions in your body and life, ...or you can leapfrog ahead, beholding yourself to be as you truly desire to become, and discover you already are that ...and being living and experiencing that imaginative eternalself immediately! ...the choice is yours!

126. Have you ever wondered why it is that so few people have actually discovered, imagined, or realized the expansiveness of themselves as eternalbeings? Do you understand that "seeking within" is looking in the wrong place for an expansiveself and world all around you?

127. And do you understand if you choose to be and live as an eternalbeing, or choose to be other than that ...and live in a different way, you are responsible for whatever happens in your body and life? ...is that too burdensome for you? ...if so, and you do not choose, that is also your responsibility! Regardless of all you declare you want, such accountability is actually too great! ...or too fearful and burdensome, ...isn't it? 128. Well, there is another thing you should know: your imaginative eternal mind can remain fully conscious after death ...and continue being aware and realize only if *you awaken your eternal mind and self* before death to the data-information of your self and life today! ...otherwise, this period or episode of life will be a time of amnesia to your eternalself ...who has all the data-information that is you ...but has no way to clearly assemble and form it ...or bring it to life again ...such that the data-information continues acting randomly without intention or purpose in your eternalself and life!

129. Through truelistening (Book 25), you give voice and action to your eternalself in your life today; without truelistening, your eternalself remains unkeeded, uninvolved, and unexpressed!

Remember ...you know little or nothing about yourself ...but your brain knows everything about you!